

## ! COVID-19: CDC Museum Closed to the Public

Due to ongoing concerns about the novel coronavirus (COVID-19), the David J. Sencer CDC Museum is closed to the public and will remain closed as we continue to assess and monitor developments. All CDC Museum tours are canceled until further notice.

This decision is being made out of an abundance of caution and based upon the guidance of the CDC regarding social distancing and the elimination of large gatherings.

Please continue to check our website and social media accounts for additional updates.



Centers for Disease Control and Prevention  
CDC 24/7: Saving Lives, Protecting People™

# Teen Newsletter: July 2020 – Your Future in Public Health

Due to ongoing concerns about the novel coronavirus (COVID-19), the David J. Sencer CDC Museum is closed to the public. As you all know, we made the difficult decision to cancel the 2020 CDC Museum Disease Detective Camps due to the COVID-19 pandemic.

## Introduction – How do I begin a career in public health?

Seeing public health in your future? Believe it or not, many public health professionals do not have a linear career pathway. Not everyone at the CDC works in a lab. Not everyone at CDC is a scientist. CDC staff come from diverse educational backgrounds—some used to be photographers, members of the military, librarians, teachers, and more. Many pathways can all lead to a career in public health, so if you are interested in pursuing public health, you have many options!

Below you will find videos that are a part of the [I Am CDC](#) series, where different CDCers talk about their jobs and how they got where they are.



Nursing



Procurements and grants



Emergency preparedness and response



Public health and learning other languages

Mental health and suicide prevention

Lab science and infectious diseases

## What degree should I get?

### Glossary of Degrees

BS Bachelor of Science

BA Bachelor of Arts

MPH Master of Public Health

MHA Master of Health Administration

MS

Master of Science

MHS

Master of Health Sciences

Undergraduate: You do not need to major in public health to apply for graduate level degrees. However, some universities and schools accredited by the Council on Education for Public Health ([CEPH](#)) offer a BS and/or BA in public health.

Graduate: The most common graduate degree is the MPH. Others include MHA, MS, and MHS.

[More information about public health degrees](#).

Here is an [academic public health program finder](#). It lists CEPH-accredited schools along with very detailed areas of study.



What are some of the areas of study within public health?

Click an area of study to learn more about it!

[Behavioral and Social Science](#) 

[Biostatistics and Informatics](#) 

[Community Health](#) 

[Epidemiology](#) 

[Environmental Health](#) 

[Global Health](#) 

[Health Policy and Management](#) 

[Health Promotion and Communication](#) 

[Maternal and Child Health](#) 

[Minority Health and Health Disparities](#) 



## Out of the CDC Museum Collection

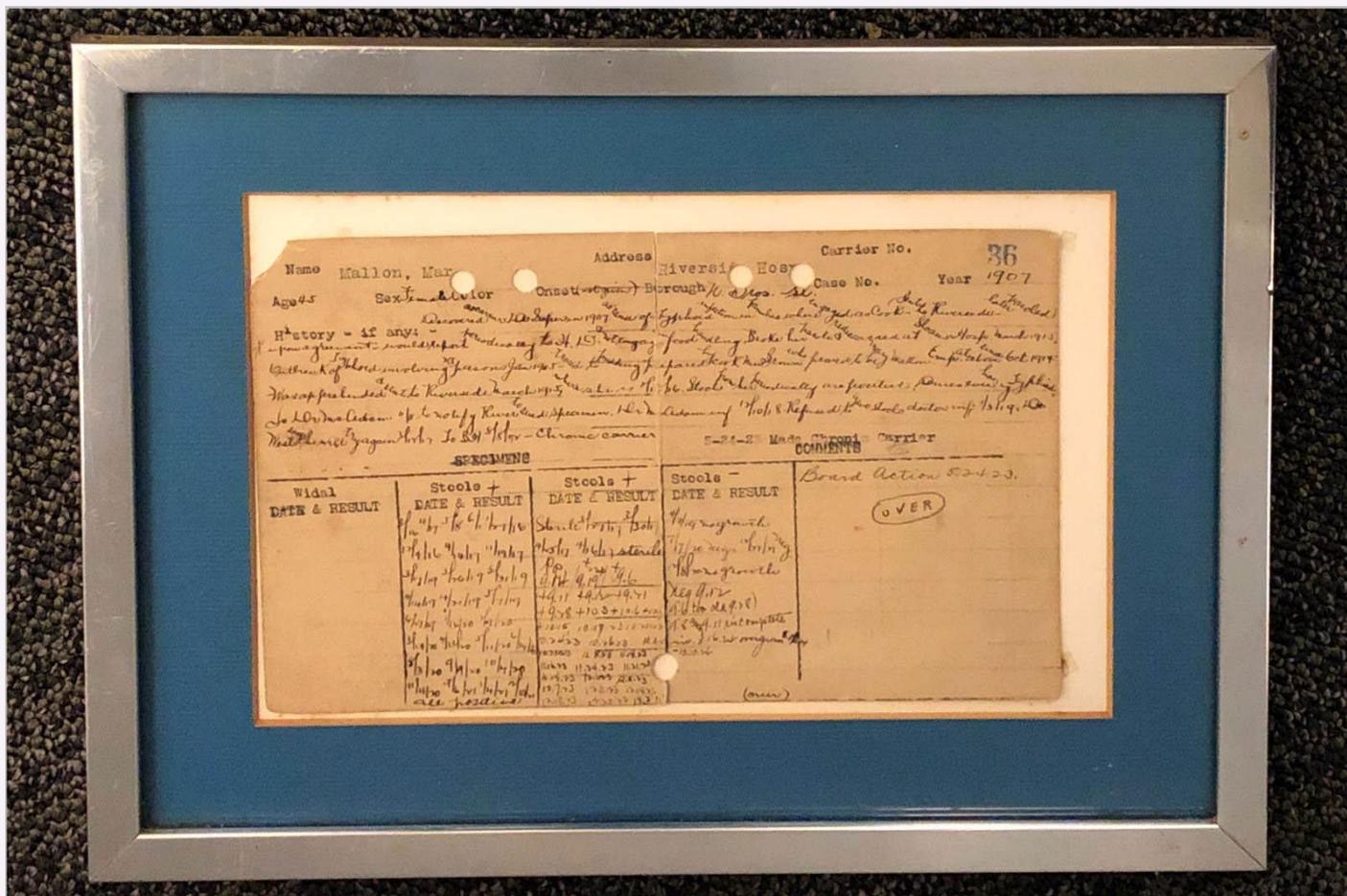


During the June Zoom tour, you saw a photo of Typhoid Mary's carrier card that will be displayed in the temporary Typhoid Land exhibit. Remember- it will be on display in the Lobby Gallery that currently houses Climate + Health. But who was Typhoid Mary? And what is a carrier card?

Mary Mallon, otherwise known as Typhoid Mary, was born in Ireland in 1869 and emigrated to the U.S. in the early 1880s. She was a cook in the New York City area in the early 1900s. Mallon was a healthy carrier of *Salmonella typhi*. As a result, she was unknowingly spreading typhoid fever to those around her, leaving many of them ill and unsure of the source of the disease. She was taken into custody in 1907 by local health officials when evidence showed that a number of typhoid cases in the area could be traced to

kitchens where she worked. She was quarantined for three years in a cottage on North Brother Island, an island in New York City's East River. She was released in 1910 on the condition that she never again work as a cook.

A carrier card back then was a record of an asymptomatic disease that one had (carried), so Typhoid Mary had to have *Salmonella typhi* indicated on her carrier card.



[View Larger](#)

About 5 years later, officials found that typhoid outbreaks were again traceable to kitchens where Mallon worked. She was then detained on North Brother Island until her death in 1938.

Want to learn more?

Check out the [Smithsonian Magazine](#) articles below.

This one makes connections to current events:

[The Frightening Legacy of Typhoid Mary: With concerns about infectious disease in the news, a look back at history's most famous carrier](#).

This one talks about North Brother Island, which is now a NY state park:

[Exploring New York City's Abandoned Island, Where Nature Has Taken Over: North Brother Island once housed Typhoid Mary, but now is an astonishing look at a world without humans](#)

Here is more information about [typhoid fever](#) from the CDC.

Stay tuned for more "Out of the CDC Museum Collection" in the CDC Museum Public Health Academy Teen Newsletter.

## Newsletter Activities

### Scavenger Hunt

Want to learn more about CDC and do a fun digital scavenger hunt?

Time: ~45 min to complete

See below for more details.

### Zoom

Want to hear from people working in public health?

Hear from CDC employees working in the field and their paths to public health.

[Click to watch](#) .

### Social Media Challenge #CDCTeenNewsletter

Check out all the [I Am CDC videos](#) and find one about a public health career you are interested in pursuing or learning more about. Post that video and a few words about why you picked it.

Use the hashtag #CDCTeenNewsletter and [submit a screenshot of your post](#) .

## **CDCM PHA Teen Newsletter Scavenger Hunt July 2020**

Step 1: Download the GooseChase iOS or Android app

Step 2: Choose to play as a guest

Step 3: Enter game code – **VJZZ4P**

Step 4: Enter password – CDC

Step 5: Enter your email as your player name

Step 6: Go to <https://www.cdc.gov/> to complete your missions

### **Tips for Winning:**

- All answers are found on the website, see Step 6.
- Open-ended answers and photo submissions are evaluated for accuracy.

Have fun!

Page last reviewed: April 21, 2021  
Content source: [Centers for Disease Control and Prevention](#)